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Special Issue on Sports Science, Exercise and Health

Call for Papers

Sports Science, Exercise and Health is an interdisciplinary field focused on the scientific study of physical activity, exercise performance, and their effects on human health and well-being. It encompasses exercise physiology, sports medicine, biomechanics, sports nutrition, physical fitness, injury prevention and rehabilitation. The field applies scientific research and evidence-based practices to enhance athletic performance, promote healthy lifestyles, prevent chronic diseases and improve overall health and quality of life.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on **Sports Science, Exercise and Health**. Potential topics include, but are not limited to:

- Exercise Physiology and Human Performance
- Exercise and Health Promotion
- Sports Medicine and Clinical Exercise Science
- Sports Biomechanics and Movement Analysis
- Sports Nutrition and Exercise Metabolism
- Sports Injuries and Management
- Exercise Epidemiology
- Exercise Psychology and Mental Health
- Strength and Conditioning Training
- Physical Activity and Public Health
- Rehabilitation and Exercise Therapy
- Motor Control and Motor Learning
- Cardiovascular and Respiratory Exercise Science
- Neuroscience of Exercise
- Exercise Immunology and Chronic Disease Management
- Athletic Performance and Training Methodologies
- Youth Sports and Pediatric Exercise Science
- Aging, Physical Activity and Healthy Longevity
- Adapted Physical Activity and Inclusive Sports
- Sports Performance Analytics and Wearable Technologies
- Exercise Metabolism and Obesity Research
- Environmental Exercise Physiology
- Recreational Sports, Fitness and Wellness
- Sports Science Innovation and Exercise Technology
- Sociology of Sport

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Authors should read over the journal's For Authors carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's Paper Submission System.

Please kindly notice that the "**Special Issue**" under your manuscript title is supposed to be specified and the research field "**Special Issue –** ***Sports Science, Exercise and Health***" should be chosen during your submission.

According to the following timetable:

Submission Deadline	February 17th, 2027
Publication Date	April 2027

For publishing inquiries, please feel free to contact the Editorial Assistant at submission.entrance1@scirp.org

Health Editorial Office

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