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## Special Issue on Sport, Exercise and Health Sciences

### Call for Papers

Sport, Exercise and Health Sciences studies how physical activity influences human performance, health and well-being. It integrates physiology, biomechanics, psychology and nutrition to understand exercise responses, training adaptations and injury prevention. The field also examines the role of sport and physical activity in promoting public health, enhancing athletic performance and supporting rehabilitation, aiming to improve both individual fitness and population health outcomes.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on **Sport, Exercise and Health Sciences**. Potential topics include, but are not limited to:

- Exercise physiology
- Sports biomechanics and kinesiology
- Exercise, nutrition and health
- Sports nutrition
- Motor control and learning
- Strength and conditioning
- Exercise and health promotion
- Sports medicine
- Sports injuries and management
- Strength and conditioning
- Sports performance analysis
- Exercise epidemiology
- Exercise immunology and chronic disease
- Sports and cardiology
- Neuroscience of exercise
- Sport and exercise psychology
- Rehabilitation and exercise therapy
- Youth sports and physical education
- Physical activity and aging
- Public health and physical activity
- Environmental exercise physiology
- Sociology of sport

**Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).**



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Please kindly notice that the “**Special Issue**” under your manuscript title is supposed to be specified and the research field “**Special Issue – Sport, Exercise and Health Sciences**” should be chosen during your submission.

According to the following timetable:

Submission Deadline	July 23rd, 2026
Publication Date	September 2026

For publishing inquiries, please feel free to contact the Editorial Assistant at [submission.entrance1@scirp.org](mailto:submission.entrance1@scirp.org)

Health Editorial Office