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## Special Issue on Health and Well-Being

### Call for Papers

Health and Well-Being studies the physical, mental and social factors that contribute to overall quality of life and human flourishing. It integrates perspectives from public health, psychology, medicine and social sciences to understand health behaviors, disease prevention, and life satisfaction. The field emphasizes holistic approaches, including lifestyle, environment and community influences, aiming to promote sustainable health, resilience, and well-being across individuals and populations.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on **Health and Well-Being**. Potential topics include, but are not limited to:

- Public health and well-being
- Mental health and psychological well-being
- Health psychology and behavioral health
- Physical activity and exercise science
- Occupational health and well-being
- Global health, diversities and challenges
- Nutritional science and dietary well-being
- Social and emotional well-being
- Lifestyle medicine
- Public health and health promotion
- Quality of life and well-being
- Aging and gerontology
- Digital health and well-being
- Health risk behaviors and behavior change
- Complementary and alternative health
- Health policy and health systems
- Health equity and disparities
- Education for health and well-being
- Precision medicine and personalized well-being
- Social and environmental determinants of health

**Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).**



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Please kindly notice that the “**Special Issue**” under your manuscript title is supposed to be specified and the research field “**Special Issue – Health and Well-Being**” should be chosen during your submission.

According to the following timetable:

Submission Deadline	June 22nd, 2026
Publication Date	August 2026

For publishing inquiries, please feel free to contact the Editorial Assistant at [submission.entrance1@scirp.org](mailto:submission.entrance1@scirp.org)

Health Editorial Office