



Special Issue on Nutrition and Obesity Prevention

Call for Papers

Nutrition and Obesity Prevention brings together interdisciplinary research examining the relationships between dietary patterns, metabolic health, and effective strategies for reducing obesity risk across diverse populations. It highlights evidence-based approaches to improving nutritional behaviors, including nutrient quality, energy balance, and lifestyle interventions such as physical activity and behavioral modification. Contributions addressing public health policies, community-based programs, and innovative technologies that support healthier food environments are also encouraged. By integrating insights from clinical nutrition, epidemiology, and health policy, this special issue aims to advance sustainable and scalable solutions to mitigate the growing global burden of obesity and related chronic diseases.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on exploring **Nutrition and Obesity Prevention**. Potential topics include, but are not limited to:

- Clinical nutrition
- Public health nutrition
- Nutritional epidemiology
- Obesity etiology
- Weight management
- Dietary interventions
- Pediatric nutrition
- Appetite regulation
- Metabolic health
- Nutrigenomics
- Nutritional biochemistry
- Community nutrition
- Preventive medicine
- Lifestyle medicine
- Exercise nutrition
- Maternal and child nutrition

Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).



Please kindly specify the “**Special Issue**” under your manuscript title. The research field “**Special Issue - Nutrition and Obesity Prevention**” should be selected during your submission.

Special Issue Timetable:

Submission Deadline	August 26th, 2026
Publication Date	October 2026

Guest Editor:

For further questions or inquiries, please contact Editorial Assistant at fns@scirp.org.