



Special Issue on Plant Food and Clinical Nutrition

Call for Papers

Plant Food and Clinical Nutrition focuses on the role of plant-based foods and bioactive compounds in promoting human health and managing clinical conditions. It emphasizes the integration of nutritional science, clinical research, and evidence-based dietary interventions to prevent and treat chronic diseases, improve metabolic and cardiovascular health, and support overall wellness. Contributions may explore mechanisms of action of phytochemicals, functional ingredients, nutrient bioavailability, personalized nutrition strategies, and clinical trials assessing plant-based diets or supplements. By bridging fundamental research and applied clinical practice, this issue aims to advance understanding of how plant-derived foods can contribute to effective nutritional therapy and public health outcomes.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on exploring **Plant Food and Clinical Nutrition**. Potential topics include, but are not limited to:

- Dietary fibers from plants
- Edible algae and seaweeds
- Fruits and vegetables nutrition
- Functional plant foods
- Herbal foods and botanicals
- Legumes and pulses
- Nuts and seeds
- Phytochemicals in foods
- Phytonutrients and antioxidants
- Plant oils and fatty acids
- Plant-based beverages
- Plant-based bioactive compounds
- Plant-based food processing
- Plant-derived proteins
- Sustainable plant food sources
- Whole grains and cereals

Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).



Please kindly specify the “**Special Issue**” under your manuscript title. The research field “**Special Issue - Plant Food and Clinical Nutrition**” should be selected during your submission.

Special Issue Timetable:

Submission Deadline	June 10th, 2026
Publication Date	August 2026

Guest Editor:

Dr. Azita Nemati

Department of Food Science and Technology

Faculty of Agricultural Engineering

Sari Agricultural Sciences and Natural Resources University, Iran

For further questions or inquiries, please contact Editorial Assistant at

E-mail: papersubmissionmcy@gmail.com

FNS Editorial Office

fns@scirp.org