



Special Issue on Food and Function

Call for Papers

Food and Function explores the relationship between food components and their physiological effects on human health and well-being. It focuses on how nutrients, bioactive compounds, and functional ingredients influence metabolic processes, disease prevention, and overall body function beyond basic nutritional requirements. The field integrates food science, nutrition, biochemistry, and human physiology to study functional foods, nutraceuticals, and dietary interventions aimed at improving health outcomes. By elucidating the mechanisms linking diet and health, Food and Function supports the development of evidence-based nutritional solutions for improving public health and quality of life.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on exploring **Food and Function**. Potential topics include, but are not limited to:

- Antioxidants and phytochemicals
- Bioactive food compounds
- Clinical and experimental nutrition
- Diet and chronic disease prevention
- Dietary assessment and intervention studies
- Food biochemistry
- Food fortification and supplementation
- Food processing and functionality
- Food safety and quality
- Functional foods and nutraceuticals
- Gut microbiota and health
- Human nutrition and metabolism
- Lipids and fatty acid nutrition
- Nutritional epidemiology
- Personalized nutrition
- Protein and peptide functionality

Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).

Please kindly specify the “**Special Issue**” under your manuscript title. The research field “**Special Issue - Food and Function**” should be selected during your submission.



Special Issue Timetable:

Submission Deadline	April 30th, 2026
Publication Date	June 2026

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