

Table of Contents

Volume 15 Number 3

September 2024

An Ultimate Approach to Retarding the Aging Process by Integrating Traditional Chinese Medicine and Western Medicine

K. M. Ko, H. Y. Leung..... 35

Integration of ¹H-NMR-Based Metabolomics Approach with Traditional Chinese Pulse Diagnosis to Evaluate the Qi-Enhancing Activity of Herbal Tea

C.-H. Lin, P.-J. Huang, C.-H. Wang, M.-R. Xu, S.-Y. Wang 49

How Schisandrae Fructus Benefits the Body: Mechanisms in Traditional Chinese Medicine and Modern Medicine

K. M. Ko, H. Y. Leung..... 75