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## Special Issue on Counselling and Psychotherapy Research

### Call for Papers

Counselling and Psychotherapy Research is an academic area that focuses on investigating the effectiveness, outcomes, and processes involved in counseling and psychotherapy interventions. It aims to generate evidence-based knowledge and understanding of therapeutic approaches, techniques, and interventions. This field explores the effectiveness of different therapeutic modalities, client outcomes, therapist competence, factors influencing therapy, and methods of improving counseling and psychotherapy practice. Research in this area contributes to the development and enhancement of evidence-based practices in the field of psychotherapy and counseling.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on **Counselling and Psychotherapy Research**. Potential topics include, but are not limited to:

- Effectiveness of interventions
- Clinical psychology and psychotherapy
- Evidence-based practice
- Process and change mechanisms
- Cultural and contextual factors
- Psychotherapy integration
- Cognitive behavioral therapy
- Psychosocial interventions
- Family and systemic psychotherapy
- Group therapy
- Interpersonal therapy
- Well-being therapy
- Supportive therapy
- Narrative measures
- Collaboration and communication
- Arts in psychotherapy
- Mental health policy and practice

Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).



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Please kindly notice that the “**Special Issue**” under your manuscript title is supposed to be specified and the research field “**Special Issue – *Counselling and Psychotherapy Research***” should be chosen during your submission.

According to the following timetable:

Submission Deadline	March 22nd, 2024
Publication Date	May 2024

For publishing inquiries, please feel free to contact the Editorial Assistant at [submission.entrance1@scirp.org](mailto:submission.entrance1@scirp.org)

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